



CREWE FLYERS SWIMMING CLUB
Crewe Lifestyle Centre
Moss Square Crewe CW1 2BB



September 2021

Dear Member/Parent/Guardian,


We are constantly trying to reduce our costs as a club and to that end we have amended the membership pack.

We continue to have a fully functioning website (www.creweflyers.co.uk) and most of the information which was previously included in the pack is now located on there. This will enable us to keep it up to date quickly and easily, with minimum cost.

We now operate a cloud-based club management system 'Club Organiser' which you will need to access via the following link:

<https://www.cluborganiser.co.uk/login.php>

Upon joining the club and paying your Membership/Swim England fees, you will be issued with a username and password for 'Club Organiser'. As part of the two-way communication, please could you ensure that you update any changes to your email address and contact details on Club Organiser. It is imperative that we are able to contact you in case of an emergency. Therefore, it is a requirement that you complete the medical/allergy information in the Medical Section. Swim England Individual times can also be found in the Personal Best section. Please click on the "update" each time a swimmer has competed in a gala to show a swimmer's most current individual times.

Additionally, we have both Facebook and Instagram pages which are regularly updated in conjunction with the website – please like our page (Crewe Flyers Swimming Club ) and follow our Instagram (Crewe Flyers) so that you can be notified of any updates relating to items such as training updates, gala successes and our 'Swimmer of the Month' awards.

At the end of this pack are **3 forms** which **need to be signed** and emailed to rachaelswindells@icloud.com in order to comply with Health & Safety and club rules. They refer to the Wave power Code of Conduct which can be found in full on our website.

Many thanks,

The Committee

Crewe Flyers Committee



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Remember the Club can only continue to run if we have
 volunteers.

Any support you can offer will be most welcome!

Squad Structure / Monthly Standing Order Fees

Squad Training Times & Coaches	Monday		Tuesday		Weds	Thurs	Friday			Sunday		Hours		Monthly Squad Fee
	PM		PM		PM	AM only	PM			PM		Pool	Land	
	7 to 8	8 to 9	7 to 8	8 to 9	7:30 to 9	6:15 to 7:45	7 to 8	8 to 9	9 to 10	4 to 5	5 to 6			
	1hr	1hr	1hr	1hr	1.5hr	1.5hr	1hr	1hr	1hr	1hr	1hr			
Club Stage 1												1	0	£25
Club Stage 2												2	0	£30
Club Stage 3												3.5	0	£35
Development												5	0	£40
County												9	0	£50
Regional												11	0	£55

PLEASE SEE ABOVE SQUAD STRUCTURE FOR THE MONTHLY
 SWIMMING SESSION FEES

PLEASE DOUBLE CHECK YOUR STANDING ORDER TO ENSURE THAT IT IS THE CORRECT FIGURE FOR THE NUMBER OF SWIMS UNDERTAKEN.



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SWIM ENGLAND FEES / MEMBERSHIP 2021

The club is funded by payment of membership fees and admission charges. The cost of hiring the pool is considerable and the purchase of equipment and the general running costs does put a strain on the club's finances. However, every effort is made to keep the fees to a minimum. In addition to the club membership fees the Swim England fees (Swim England) must be paid annually to ensure that all swimmers are insured in the pool.

Swim England (ASA) Categories and Fees - What are they?

All squad members must be Swim England (ASA) registered. There is an annual fee payable on 1st January each year (and must be paid before by the end of January)

There are different categories of Swim England fees, and this depends on whether you/your child takes part in different galas.

Category	Description	Fee
Level 1	<i><u>SE Level 1</u> - swimmers are general swimming members who do not swim Arena League, do not swim Open Galas and who may swim in the Crusader league only</i>	£15.70
Level 2	<i><u>SE level 2</u> - swimmers are All members of the training squads, who want to swim Arena League and open galas and who also, may swim in the Crusader league</i>	£34.25
Level 3	<i><u>SE level 3</u> - non-Swimmers (the club will pay this fee for all of our poolside helpers and club officials)</i>	£11.70

MEMBERSHIP FEES ARE DUE FOR PAYMENT ANNUALLY ON 1ST APRIL 2020

DETAILS AS FOLLOWS:

Membership Fees:

- 1 x children £55.00**
- 2 x children £90.00**
- 3 x children £110.00**
- 4 x children £146.50**

Student Membership £15.00 (This applies to University Students or to Students pursuing Higher Education of level 4 or above.



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SWIM SHOP – please email paulastalgis@live.co.uk for more information.

The new swim hats are now on sale for £8 each -

pre-order a hat by making a BACS transfer to the Crewe Flyers bank account with ref: (child's name - Hat)

Once the payment has been received, the hat will be given to your swimmer at their training session.

Please use the link below to view and order your new Club Kit (TOPS)

<https://serioussport.co.uk/teamwear/stores/crewe-flyers-swimming-club/>

SWIMMING GALAS – please see **the Gala Calendar on Club Organiser/Website** for full info.

CURRENT COMMITTEE MEMBERS

Chairperson	Andy Cattell
Treasurer	Paula Stalgis
Secretary	Rachael Swindells
Membership Secretary	Mo Edmeades mo_edmeades@sky.com
Gala Secretary	Dave Mears/Annmarie Buckley
PR Officer	Dave Mears
Website	Russ Bedson
Swim Shop	Paula Stalgis
SwimMark	Vicki Shore
Welfare Officers	Craig Jones-Barnes
Club Champs/Swim Camp Co-Ordinator	Rachael Ward-Christopher

COACHES/TEACHERS

Head Coach	Nigel Plant	
Junior/Assistant Coaches	Adrian Glover Ken Brassington Ewan Cameron	David Cattell Ben Woolley Amy Keeble Charlotte Keeble



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Teacher	
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inally, we hold our Annual General Meeting every year usually in June. (Please see notice board). This is the time to come and support the club, to find out what goes on behind the scenes and a chance to have your say.



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SWIMMERS' CODE OF CONDUCT

General behaviour

I will...

1. Make our club and activities a fun, happy and friendly place to be.
2. Respect and celebrate difference in our club and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.
3. Understand that the use of abusive or inappropriate comments/language, bullying, physical violence or any other hurtful behaviour (whether verbal or physical) which impacts on others in any way, will not be tolerated.
4. Not use any device to take photographs/videos or any type of footage of oneself or others (which includes changing rooms, poolside or any other form of training or activity linked to the club, including uploading on social media platforms).
5. Report any concerns you have about others taking photographs/videos in the areas mentioned in section 4 above.
6. Understand that poor behaviour may result in the club taking disciplinary action against you and that any criminal behaviour will be reported to the police.
7. I will report any incidents of bullying or unkind behaviour to the club, even if you are just a witness.
8. Treat all children/members with respect and appreciate that everyone has a different level of skill or talent.
9. I will support and encourage fellow Crewe Flyers swimmers, tell them when they have done well and support them if they are struggling or are disappointed.
10. Respect all adults who have a role within Crewe Flyers Swimming Club whether they are paid employees or volunteers giving their time to support the club.
11. Get involved in club decisions – It's your sport too.

Training

1. I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down for my squad.
2. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.
3. I understand that if I arrive late, I must report to my coach before entering the pool.
4. I will ensure that I have all of my equipment with me, e.g., paddles, kick boards, hats, goggles, etc.
5. I will use my equipment properly and not hurt or attempt to hurt or disrupt other swimmers with it.
6. If I need to leave the pool for any reason during training, I will inform my coach before doing so.
7. I will listen to what my coach is telling me at all times and obey any instructions given.
8. I will always swim to the wall as I would do in a race, and I will practice turns as instructed.

9. I will not stop and stand in the lane or obstruct others from completing their training.
10. I will not pull on the ropes as this may injure other members.
11. I will follow lane etiquette and always allow faster swimmers to pass.
12. I will not skip lengths or sets – to do so means I would only be cheating myself.
13. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.

Competitions

1. I understand that I may be invited to attend events and galas that the Head Coach has selected me for and agree to discuss my feelings towards this.
2. I agree to arrive at competitions with the correct kit and swim attire, including my Crewe Flyers swim cap.
3. I will report to my coach and/or team manager on arrival on poolside.
4. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
5. I will be part of the team. This means I will stay with the team on poolside within each session that I am participating in.
6. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
7. After my race, I will report to my coach for feedback.
8. I will support my fellow swimmers. Everyone likes
9. to be supported and they will be supporting me in return.
10. I will swim down after the race if possible, as advised by my coach.
11. My behaviour in the swim down facility must be always appropriate and respectful to other users.
12. I will not leave an event until either the gala is complete, or I have the explicit agreement of the coach or team manager.
13. I will respect all members of other clubs when competing at competitions.

Signed (swimmer): _____

Date: _____

**PLEASE SIGN AND RETURN TO
CRAIG JONES-BARNES OR RACHAEL
SWINDELLS**



PARENTS CODE OF CONDUCT

As a parent/carer, I will:

1. Complete the Medical Information details on 'Club Organiser' as requested by the organisation and provide details of any health conditions/concerns relevant to my child on Club Organiser.
2. Report any changes in the state of my child's health to the coach prior to training sessions or events.
3. Ensure that the organisation has up-to-date contact details for me and an additional emergency contact by updating the details on 'Club Organiser'.
4. Deliver and collect my child punctually to and from training sessions/events.
5. Inform a member of the committee or coaching staff if there is an unavoidable problem.
6. In the event of the club changing my child's lane and/or changing times, I will remember that the change is to provide appropriate levels of training and to enable my child to progress.
7. Ensure my child is properly and adequately attired for the training session/ events including all mandatory equipment, e.g., hats, goggles, etc.
8. Inform the coach/welfare officer before a session if my child is to be collected early from a training session/event and if so, by whom.
9. Encourage my child to follow the club rules and teach them that they can only do their best, supporting them in times of disappointment or difficulty.
10. Behave responsibly as a spectator during training/ events and treat members, coaches, committee members and other parents of members of both my child's club and any other organisations with due respect, in accordance with the Swim England commitment to equality and diversity.
11. Not use inappropriate language within the organisation environment.
12. Show appreciation and support my child and all the team members.
13. Ensure my child's needs are met in terms of nutrition and I will embrace advice given from the coach/nutritionist.

14. Support the coach and committee appropriately and raise any concerns I may have in an appropriate manner to the welfare officers.
15. Not enter poolside unless requested to do so or in an emergency.
16. I will help my child to enjoy the sport and to achieve to the best of their ability.

The club will:

1. Inform you at once if your child becomes ill and will ensure their wellbeing until you are able to collect him/her.
2. Ensure that child safeguarding guidelines within 'Wavepower' are always followed to keep your child safe, including challenging poor, negative or bullying behaviour, seeking advice from Welfare Officers where appropriate.
3. Ensure all activities are properly supervised, taught or coached; and that consent is obtained for activities outside of those previously agreed.
4. Ensure that your child is respected and treated fairly.
5. Lead by example, ensuring team/squad selection is clear and transparent, with decisions being fair and equal.
6. Listen to any concerns that you as parents and guardians or your child may have.

You have the right to:

1. Make a complaint to the club should you feel the club or a member of the club is not acting appropriately or in accordance with Swim England/club rules and regulations. Details of how to do this can be obtained from the welfare officers.
2. Make a complaint on behalf of your child to the Swim England Office of Judicial Administration.

Signed: _____

Date: _____

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Photography Consent Form

Note: this form must be read and completed after reading the Swim England/Crewe Flyers swimming club photography policy

Crewe Flyers Swimming Club may wish to take photographs, (individual and in groups) of swimmers under the age of 18 that may include your child during their membership of the club. All photos will be taken and published in line with Swim England policy. Crewe Flyers Swimming Club requires parental consent to take and use photographs.

Parents have a right to refuse agreement to their child being photographed.

Swimmer Name	
Take photographs to use on the club's website, Facebook page and Instagram.	Consent given/Consent refused*
Take photographs to include with newspaper articles	Consent given/Consent refused*
Take photographs to use on club notice boards	Consent given/Consent refused*
Video for training purposes only	Consent given/Consent refused*
Employ a professional photographer (suitably approved) who will take photos in competitions attended.	Consent given/Consent refused*
Signed (Parent/Guardian)	
Dated	

Please note you can withdraw your consent in writing to the club Welfare Officer at any time should you wish to.

PLEASE SIGN AND RETURN TO CRAIG JONES-BARNES OR RACHAEL SWINDELLS

